

Be Fit Fitness Reimbursement Form

One of the advantages of membership in a FirstMedicare Direct Medicare Advantage plan is the Be Fit fitness benefit. This flexible benefit allows you to get paid back for a variety of fitness activities. You pay the facility or service provider directly, and we'll pay you back up to a yearly total of \$360.*

Reimbursement is easy.

Simply provide the following information, and your reimbursement will be processed in 30 – 45 days (plus mail time):

- Dated receipt(s) showing the charge and the name of the facility or service provider.
- This completed reimbursement form (available online at FirstMedicare.com).
- We must receive your fitness receipt(s) within 365 days of the date printed on the receipt for us to reimburse you.

**You can submit receipts for a combination of fitness activities and gym memberships. If your fees are more than \$360, you'll pay the difference. If they're less than \$360, we'll pay you back the amount you paid.*

A. Member Information

Name _____

Member ID number _____

Phone _____

Mailing address _____

City _____ State _____ ZIP _____

Email address (if applicable) _____

B. Reimbursement Information

Total reimbursement amount you're requesting \$ _____

Date or dates these expenses cover _____

C. How Be Fit Works

We pay you back for a variety of fitness activities. You choose how you want to work out, and we pay you back up to \$360 a year.

Activities include the following and more:

- Fitness class fees.
- Gym memberships.
- Online fitness subscriptions.
- Weight loss subscriptions.
- Ski memberships.
- Rowing.
- Golf.
- Bowling.
- Tennis.
- Pickleball.
- Recreational league fees.
- Pool exercise classes.
- 5K/10K race fees.

Be Fit doesn't cover fitness trackers or personal equipment.

You can submit your receipt(s) and reimbursement form by mail, fax, email or in person on a monthly, quarterly or yearly basis.

You may also submit receipts for Phase III cardiac rehab visits once medical benefits have been exhausted (these cardio/pulmonary facilities don't have to be in network).

If your receipt reflects a family membership or multiple fitness fees and totals \$360 or more, we'll reimburse you the \$360, unless it's clear which portion of the charge is for you. In that case, we'll reimburse you for that amount up to \$360.

Be Fit doesn't apply to your out-of-pocket maximum. Fitness facilities don't need to be in the service area.

Questions?

If you have questions about Be Fit, call us at the number listed on the back of your id card, daily from 8 a.m. to 8 p.m. local time. Voicemail is used on holidays and weekends from April 1 to September 30.